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Olympian returns to where it all started

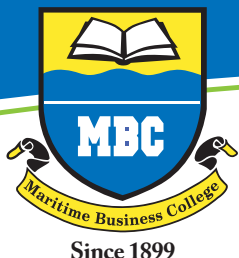
Halifax's Geoff Harris is set to compete yet again at the track classic where he grew to love the sport **PAGE 24**

Rest in peace

COVERAGE, PAGES 3 & 4



SEAN KILPATRICK/THE CANADIAN PRESS



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'Sadness, disbelief, rage'



An officer holds slain RCMP Const. David Ross's dog Danny at the funeral procession for the three RCMP officers who were killed in the line of duty last week, at their regimental funeral in Moncton on Tuesday. MARC GRANDMAISON/THE CANADIAN PRESS

Funeral service. Moncton stops, remembers three RCMP officers killed

The city of Moncton came to another standstill Tuesday, this time to bid a sorrowful farewell at a regimental funeral for three Mounties killed in a shooting rampage that left New Brunswick's second-largest city under siege for 30 hours.

The funeral, attended by Prime Minister Stephen Harper and Gov. Gen. David Johnston, was preceded by a parade of 2,700 law enforcement officers from across Canada and the United States. They were led by pipers and drummers and four RCMP officers on horseback.

During the three-hour service, held inside an old hockey arena packed with 7,000 mourners, the brother of one of the three men killed said the death of Const. Douglas James Larche, 40, has left him feeling overwhelming despair.

"I stand here before you with an unbearable sadness, disbelief, rage, because a great man was taken away from us far too soon," said Daniel Larche, a master seaman in the Royal Canadian Navy.

"Never in my worst nightmare did I envision a stitch in time that I would be giving his eulogy."

The other officers killed last Wednesday were Fabrice Georges Gevaudan, 45, and Dave Joseph Ross, 32.

Ross's brother-in-law, Adrian Vander Ploeg, recalled how the RCMP officer was making dinner at home but dropped everything, including leaving the barbecue lid up and the garage door open, to be among the first to respond to a report of a gunman walking through the

Community in mourning

Six other sites in Moncton and four more outside the city were set up for mourners to watch the televised service.

streets of Moncton's north end.

"For those closest to Dave, that barbecue left open says everything about who Dave was and his devotion to those around him," Vander Ploeg said.

"Only recently, Dave turned to (his wife) Rachael and said, 'I am such a happy man. I love going to work every day, I have a wife that I love so much, a beautiful son and another baby on the way.... Rachael, we are so blessed.'"

Gevaudan was remembered by Geoffrey McLatchie, his spiritual adviser, as a doting husband and stepfather.

"Fabrice lived a heart-centred life, a life of joy and happiness, a life where he connected to the community in which he lived," McLatchie said. "He was very comfortable in his own skin and he was his own man."

THE CANADIAN PRESS



Nadine Larche, with two of her daughters, attends the regimental funeral for her husband, Const. Douglas James Larche.

ANDREW VAUGHAN/THE CANADIAN PRESS

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RCMP officers march in the funeral procession on their way to the regimental funeral of three slain RCMP officers in Moncton, N.B., on Tuesday. MARC GRANDMAISON/THE CANADIAN PRESS

Last dismissal gives cops some closure

Halifax, Nova Scotia forces mourn. Training prepared them for last week but not this: Chief



HALEY RYAN

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The emotional funeral for three Moncton RCMP officers killed in a shooting last week brought home the importance of recognizing how

precious life is and "how we have to be able to enjoy it as best we can," said Halifax's police chief.

Chief Jean-Michel Blais was among the hundreds of Halifax police officers and Nova Scotia RCMP who marched in the funeral procession for Const. David Ross, Const. Fabrice Georges Gevaudan and Const. Douglas James Larche on Tuesday afternoon before attending the memorial at the Moncton Coliseum.

"As a police officer, I

Reality

"It could have been any one of us at any given time."

Halifax Police Chief Jean-Michel Blais

knew that this would be ... the tougher of the two weeks," Blais said after the funeral.

The Mounties were killed while responding to a report of a man with firearms in a residential area of Moncton

last Wednesday. Two other officers were injured.

Blais said police were on "autopilot" last week, doing what their training taught them, but now "you don't have that training."

"How can you prepare yourself to say goodbye to somebody? To see a fatherless child as they're being carried, and they have really no idea ... who their father really was," he said.

Both Blais and Nova Scotia RCMP spokesman Sgt. Alain LeBlanc said they were

moved by the comments of New Brunswick RCMP assistant commissioner Roger Brown.

LeBlanc said "the most poignant moment" for him came when Brown dismissed all three fallen officers to their final post.

"I think it brings a little bit of closure," LeBlanc said after the funeral.

Blais said that seeing the children and wives of the Mounties accept a hug from Brown made him appreciate his own family "even more."

Pride

"With the eyes of the nation upon us today, I want to publicly say how incredibly proud I am of each and every one of you.... I only wish that I could have told Doug, Dave and Fabrice that in person."

Assistant Commissioner Roger Brown, commanding officer of the RCMP in New Brunswick, to those officers in the crowd

Service

"Make no mistake, we are also here to celebrate lives of service that have contributed to the fabric of this community, this province and our great country of Canada."

RCMP Cpl. Chantal Farrah, who served as master of ceremonies

Bewilderment

"Together, we struggle for answers. We ask what in God's name happened here and why. We may never know."

Prime Minister Stephen Harper

Recovery

"I hope that (the funeral) will be a step toward a journey of healing for the community."

Moncton Mayor George LeBlanc

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Hallmark event. Tattoo gets \$10,000 increase in municipal funding for 2014

The Royal Nova Scotia International Tattoo has asked for and received an increase in its annual municipal funding.

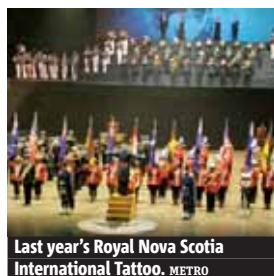
The city's Special Events Advisory committee awards up to \$100,000 to "Hallmark" events every year.

The Tattoo was awarded \$90,000 in January, but asked the committee to increase that award to \$175,000. A report from the committee to regional council Tuesday recommended no increase at all.

"There's a new granting policy coming forward relatively soon that should take place for next year's award process and (the committee) wanted to keep everybody at the same level," said Coun. Brad Johns, who sits on the committee.

A staff report states several other Hallmark event applicants asked for increases which were not approved.

Coun. Bill Karsten urged his



Last year's Royal Nova Scotia International Tattoo. METRO

colleagues to bump the funding up to the maximum allowable amount.

"This is beyond any reasonable shadow of a doubt a hallmark event... \$10,000 (more) isn't what they're asking for, but it's a good faith gesture on our part."

Council voted unanimously in favour of a \$10,000 increase. The Tattoo runs from July 1 to July 8 at the Metro Centre.

RUTH DAVENPORT/METRO

Council. Developer gets extension for Discovery Centre building project

Halifax regional council has approved a two-year extension for the developer planning a 16-storey mixed-use development at the corner of Barrington and Sackville streets.

The developer asked for the extension because the building's main tenant — the Discovery Centre — encountered delays in building its new \$20 million facility on the waterfront.

Members of the Discovery Centre board came to a public hearing Tuesday evening

to tell councillors that not granting the extension would force the centre to relocate twice in two years, putting the non-profit organization in a financially untenable position.

Other property owners in the same block, however, urged council to deny the extension, saying the prolonged construction would be too disruptive to the downtown community.

Councillors voted 11-1 in favour of the extension.

RUTH DAVENPORT/METRO



Two members of Halifax police salute at a memorial in December recognizing the anniversary of the Halifax Explosion. JEFF HARPER/METRO

City begins planning for important anniversary

100 years ago. Citizens needed to help with commemorative program for the Halifax Explosion

Quoted

"I really wish this committee well. It's going to be a very important committee for the history of this city." Mayor Mike Savage



RUTH DAVENPORT
ruth.davenport@metronews.ca

The city is set to establish an advisory committee to oversee the municipal commemorative program for the 100th anniversary of the Halifax Explosion.

Halifax regional council approved an administrative order to establish the committee at its weekly meeting Tuesday.

"This has been in the works for a while and it's great to

have the administrative order coming forward. It's certainly generated a lot of interest," said Coun. Jennifer Watts. "There are many ideas now beginning to percolate about the recognition of this very significant event."

The explosion, caused by the collision of Swedish and French ships in the narrows in December 1917, levelled the city's north end and killed roughly 2,000 people.

A staff report states the 100th anniversary commemoration will consist of three ele-

ments: a civic commemorative event/ceremony, legacy capital projects, and grants to other non-profit organizations planning anniversary-related activities or projects.

"The Committee's role is to advise staff on the development and implementation of the 100th Anniversary program and bring the community perspective and energy to this significant event," states the report. Mayor Mike Savage said the committee will have its work cut out for it over the next three years, noting the ex-

plosion touched a wide range of communities outside Halifax.

"The mayor of McAdam (N.B.) ... mentioned to me that McAdam was along the railway line in those days from Boston to Halifax, and they helped the folks who were coming from Boston to Halifax," he said. "So there's all kinds of neat stories."

The committee will be made up of eight citizens, six of whom must have specific experience — such as fundraising or event planning — or represent specific sectors, like the business or arts communities.

Watts said a call for applications would be issued shortly after council's approval of the administrative order.

Interested residents can contact the city clerk's office for more information.



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GOLFest announces more players for week-long event

Ashburn Golf Club.

Two amateurs will be given exemptions to play in the Nova Scotia Open



HALEY RYAN

haley.ryan@metronews.ca

The new Ashburn Golf Club is teeing up to welcome hundreds of fans and world-class players for GOLFest Nova Scotia, with the event "picking up some momentum" in the final weeks, according to the event's director.

Grant MacDonald, director of GOLFest and SportBox Entertainment Group, announced on Tuesday more players who will play in the RBC Canada Cup and Nova Scotia Open, held from June 30 to July 6 at the Ashburn course in Windsor Junction.

"As we go we're picking up some momentum, and people are starting to understand the magnitude of GOLFest," MacDonald said Tuesday.

MacDonald said two amateurs, including Truro's Eric Banks, will get exemptions to play in the Nova Scotia Open, alongside "world-class" golfers from the Web.com Tour fighting for a spot in the PGA Tour.

Banks recently finished his junior year at the University of Florida, where he plays for the golf team. In the summer of 2012, he underwent open-heart surgery in Halifax. That knocked him off the course for nine months, but came back to qualify for the 2013 RBC Canadian Open.

Adam Svensson, from British Columbia, will also receive an exemption. He is the top-ranked amateur player in the world.

Canadian Adam Hadwin has been playing well on the Web.com Tour, and will join the likes of Mike Weir, David Hearn and Graham DeLaet on Team Canada, which will be going up against Team World players led by PGA Tour star Matt Kuchar in a one-day event on June 30.

Web.com Tour's Manuel

Tickets

GOLFest Director Grant MacDonald said ticket sales for the June 30 to July 6 event are "coming along," but added he doesn't have an overall goal in mind for how many people he'd like to see come out.

Villegas of Colombia was also named to Team World Tuesday.

As for the course, Ashburn General Manager Gordie Smith said the province's harsh winter and spring might not have been fun for residents, but the 18-hole layout came out in "great condition."

"The spring, although cold, has been very good for the golf course [because] it's dry," Smith said.

As long as the area gets moisture over the next few weeks followed by sunshine, Smith said the players should be pleased with the course and said the tournament should be "won or lost" on the greens.



Gordie Smith, general manager of the new Ashburn Golf Club, speaks about GOLFest during a press conference at the clubhouse in Windsor Junction on Tuesday. Inset: Eric Banks. JEFF HARPER/METRO; INSET: TRURO DAILY NEWS

Company trying to find cause of derailment at West River Station

The company that owns a derailed train in Pictou County says it doesn't know what caused it to come off the tracks.

Denis Boucher, a spokesman for the owners of the Cape Breton and Central Nova Scotia Railway, says an investigation is underway into what caused several cars carrying a mix of propane and butane to derail Monday.

The derailment happened

in West River Station, about 150 kilometres northeast of Halifax. Several nearby homes were evacuated.

Boucher says the derailment involved seven tanker cars — six of which overturned.

He says the company doesn't know how long it will take to clear the track and resume operations.

Finding out what caused the train to derail will take some time, Boucher said.

Train derailment

7

The number of tanker cars that derailed

"We really need to complete the investigation and then we'll be in a better position to say what happened," he added.

Const. Bryce Haight said there is minimal risk of fire,

environment.

Any remediation plans would be determined after those results are known. The effluent contains some naturally occurring substances, he added.

Northern Pulp said in a statement that its priority was to contain the effluent in a safe and timely manner.

"There is no danger posed to the public," the statement read. **THE CANADIAN PRESS**

but police needed approval from the railway, provincial regulators and the remediation experts before allowing the families to return.

Police said the train's engineer realized there was a problem and stopped the train, which was en route to Truro from Stellarton.

Last month, three cars from a train carrying steel plates derailed on the same railway in downtown New Glasgow. **THE CANADIAN PRESS**

Liquor Control Act. New liquor stores approved for seven communities

The Nova Scotia government says it has approved new agency liquor stores for seven rural communities.

Diana Whalen, the minister responsible for the Liquor Control Act, says it's the first expansion of the Nova Scotia Liquor Corp.'s agency store network in seven years.

The agency stores have been approved for areas near East Bay-Ben Eoin, Cape North, Port Bickerton, Brookfield, Peggy's Cove, Concession and Centre-



The logo of the Nova Scotia Liquor Commission. JEFF HARPER/METRO

ville. There are currently 51 agency stores authorized to sell alcoholic beverages in rural areas across the province.

THE CANADIAN PRESS

Northern Pulp

Pulp mill shuts down after leak discovered

A Nova Scotia paper mill shut down operations Tuesday after it discovered wastewater was leaking from a pipe into surrounding wetlands and a river, said the province's environment minister.

Randy Delorey said Northern Pulp in Abercrombie Point contacted his department Tuesday to notify it about the leak, which prompted a protest by residents of the nearby Pictou Landing First Nation.

Delorey said it's not clear how much effluent, some of which went into the East River, leaked from the pipe.

He said a third party is conducting tests to evaluate the effect, if any, on the

Investigation

Woman found dead after house fire in Bible Hill

Police are investigating a fatal fire in a Nova Scotia community.

Around 5 p.m. on Tuesday, the RCMP and Bible Hill fire department were called to a house fire on

Bob Lee Court.

The blaze was put out by firefighters, who then discovered the body of a 49-year-old woman.

The cause of the blaze is under investigation and the province's medical examiner are fire marshals have been called.

The victim's name hasn't been released due to next of kin notification.

METRO

Robie Street

Man hit by vehicle in crosswalk

Police say a 32-year-old man was hit in a crosswalk by a vehicle that fled the scene of the accident.

The victim was walking in a marked crosswalk on Robie Street when he was hit around 1 a.m. on Tuesday. **METRO**

RCMP cruiser struck. Incident with alleged stolen car to be probed

Halifax police have asked the province's Serious Incident Response Team to look into an incident where a woman said to be driving a stolen car hit an RCMP patrol vehicle in Burnside during a police pursuit.

Halifax Regional Police say they received a report that a car stolen from the Windsor area last Thursday had been spotted on Highway 111 headed towards Dartmouth just after 11 a.m. on Tuesday.

Several officers with HRP and Halifax RCMP responded to the area and found the stolen car at Windmill and Wyse roads. According to police, the female driver did not stop for officers and continued driving north on Windmill at a what they

'Slow rate of speed'

Following the police pursuit, the woman driver of the car was taken to hospital with minor injuries.

- Police say charges are pending.

called a "slow rate of speed."

Police said the pursuit was called off at Princess Margaret Boulevard after the woman hit a parked RCMP car.

The driver continued down the road, and lost control of the car at Killkee Gate, where she collided with a power pole head-on, police said. **METRO**

Pair face charges

Cap guns made to look real, pointed out car window

Police in Halifax say two young men are facing charges for allegedly trying to make fake guns look real and pointing one of them outside a moving vehicle.

A call came into police around 5 p.m. Tuesday after someone said they saw a passenger of a car point a firearm out of his window in Cole Harbour

during the rush-hour commute.

Police found the vehicle in question and arrested two people inside during what they called a high-risk traffic stop on the Forest Hills extension.

Two cap guns were allegedly seized and police say the suspects had removed the red tips from the guns to make them look real.

The men, aged 18 and 19, are now facing charges and due in Dartmouth provincial court on Aug. 6. **METRO**



No injuries in North St. fire as residents vacate walkup

Fire crews were called to a small fire in a ground-floor unit of a walkup apartment building at 6273 North St. in Halifax on Tuesday morning. Divisional chief Dave Meldrum says the residents vacated the building and no one was injured. The cause is unknown. **DESIREE FINHERT/FOR METRO**

Police cleared in arrest

Provincial probe. No fault found with Halifax police in arrest at men's shelter in which Taser was used

A provincial investigation has found no fault with Halifax Regional Police officers' actions during an arrest in which one officer was stabbed in the neck and a man was shocked by police with a stun gun last September.

The Serious Incident

Response Team (SIRT) concluded its investigation into the arrest of a 31-year-old man at Metro Turning Point men's shelter in Halifax on Sept. 20.

Police attended the shelter to arrest a man on an outstanding warrant. During a confrontation one officer was stabbed in the neck and forearm.

The other officer discharged a Taser and arrested the suspect.

"The investigation revealed that almost all of the police dealings with the man

were captured on video," said director Ron MacDonald in a media release Tuesday.

"That video shows that all police interaction with the man was appropriate."

MacDonald said SIRT was not initially involved as the man's injuries were not considered serious, however his mental stability was a factor in the investigation.

Alexander Welch, 31, is charged with attempted murder, aggravated assault and assaulting a police officer in relation to the incident.

DESIREE FINHERT/FOR METRO



Alexander Welch, 31, at Halifax provincial court last September. **JEFF HARPER/METRO**

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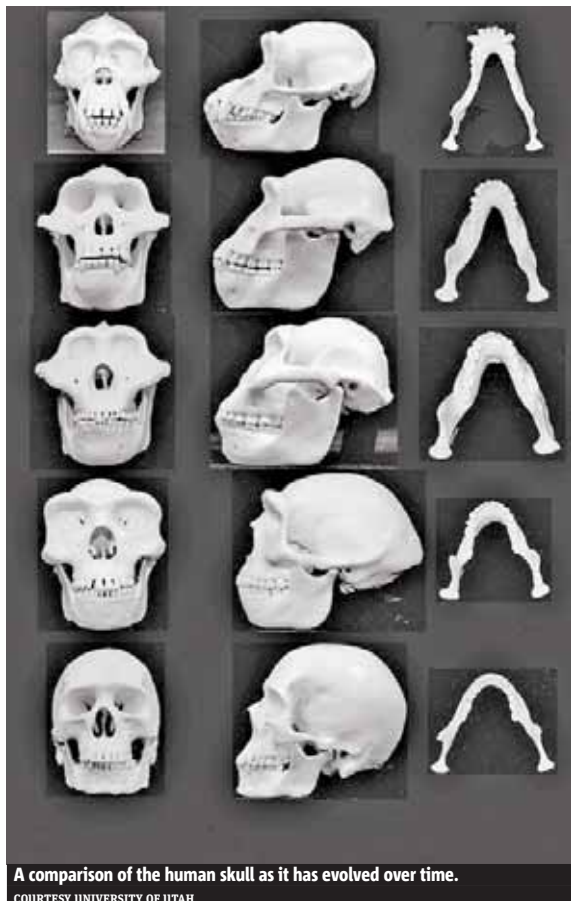
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A comparison of the human skull as it has evolved over time.
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Fistfights could have shaped our faces: Study

Minimizing injury. Man's facial structure may have evolved as our ancestors took beatings, study says

Human faces may have been shaped by violent fistfights.

The University of Utah's findings deal a heavy blow to previous research that suggests changes in bone structure were down to the dietary need to crush hard foods such as nuts.

Lead researcher David Carrier explains to Metro why stronger bones were needed to act as a buttress against a new form of boxing.

Some men have had their fair share of booze-fuelled scraps. But what were our ancestors fighting about?

I think it would have been pretty much the same

as gorillas and chimpanzees: competition over females, territory and defence of one's family and offspring. So in some ways it's similar to today.

How do the changes that occurred in hominins and australopiths — the ancestors of *Homo sapiens* — compare to gorillas?

If you compare the face of a chimpanzee or a gorilla to that of an australopith, it's more stout and robust. The mandible, molar teeth, brow ridges, orbit (socket of the skull), cheekbones and the pillars along the edge of the nose, which provide support, are much thicker. In the early australopiths these parts of the face were absolutely more robust than the same part of the face as male gorillas, which are four times the size.

So why was there a need for such considerable facial re-



University of Utah biologists contend that human faces evolved to minimize injury from facial punches during fights. JOERN POLLEX/BONGARTS/GETTY IMAGES

construction?

This evolution occurred at the same time that our hands were changing in proportion to allow us to make a fist-like club. The bones which are susceptible to fracturing during a fistfight have increased in both early australopiths and humans. And it's the same bones that show the greatest difference between male and female australopiths and *Homo* lines, including *Homo*

sapiens.

So if their hands were like a club, was their fighting technique more a battering motion than a punch?

That's possible, but we don't know. The australopiths were the first to be capable of a forward striking punch or a modern human's punch. The anatomy was there four to five million years ago.

METRO WORLD NEWS

Many 'disgusted' by abuse of cattle at B.C. farm

The head of the Dairy Farmers of Canada says he was disgusted and devastated by animal abuse caught on tape at a British Columbia dairy farm.

The undercover video filmed by the group Mercy for Animals shows employees at Chilliwack Cattle Sales Ltd. beating and punching cattle at the farm. Several employees are beating with chains, sticks, rakes, feet and fists.

Wally Smith said the abuse is intolerable.

"I hate to see animals

mistreated," Smith said in a statement Tuesday. "I cannot begin to understand why some people would do this to animals."

The chairman of the B.C. Dairy Association, Dave Taylor, said the incident is a black mark on the industry.

"Having witnessed the footage, we are deeply shaken," Taylor said. "Organizationally, we will be taking proactive steps to further our already strong animal care practices."

There is zero tolerance for such actions, he said.

"We feel it vital to assert that this abuse is in no way common practice in our industry," Taylor said.

But the incident prompted several calls for greater scrutiny of the dairy industry.

"The cows on this dairy factory farm experience nothing but fear, violence, and deprivation at the hands of sadistic animal abusers," Twyla Francois, of Mercy For Animals Canada, said in a

statement.

"This investigation proves that the dairy industry is incapable of self-regulation. The government must step in to create and enforce standards to protect farmed animals from needless cruelty."

The Kooyman family that owns the farm released a statement saying they are devastated. The family, which founded the farm in 1957, fired the employees who were allegedly involved.

THE CANADIAN PRESS



Cows at the Kooyman farm in Chilliwack. JONATHAN HAYWARD/THE CANADIAN PRESS

Walk for ALS Saturday, June 14th

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Concerns over new cyberbullying bill

The Conservative government's cyberbullying bill would make too much information about Internet users more easily available to a wide array of authorities, Canada's new privacy czar warns.

Testifying Tuesday at the House of Commons justice committee, Daniel Therrien again urged the government to split the bill in two to allow for thorough examination of several measures that would expand

online monitoring.

The legislation would make it illegal to distribute "intimate images" without consent and remove barriers to getting such pictures scrubbed from the Internet — changes Therrien supports, calling them "largely uncontroversial."

However, the bill also overhauls the existing system of production orders and warrants, and would give authorities new tools to track and

trace telecommunications to determine their origin or destination.

Civil libertarians say the cyberbullying bill will erode Internet privacy and make it easier for government to spy on the activities of law-abiding Canadians.

Those elements would dangerously lower the proposed threshold for allowing access to personal data, and broaden the range of officials who could

use the information beyond police to include mayors, sheriffs, reeves and even airline pilots, Therrien's office warns.

The commissioner, who assumed his post this month, also takes issue with a provision that would grant legal immunity to anyone who voluntarily preserves data or provides a document at an investigator's request without a court's approval.

THE CANADIAN PRESS



People comfort each other after a shooting in Troutdale, Ore. THE ASSOCIATED PRESS

Armed teen kills student at Oregon high school

Lockdown. Shooting follows a series of attacks at or near school campuses across the country

he saw a physical education teacher at the school with a bloodied shirt. "It just, like, happened so fast, you know?" he said.

The first reports of shots fired came at 8 a.m. on the next-to-last-day of classes. Police initially seemed uncertain about whether there was a live shooter in the school.

Students were eventually led from the school with hands on their heads. Parents and students were reunited in a supermarket parking lot.

THE ASSOCIATED PRESS

A gunman armed with a rifle shot and killed a student Tuesday and injured a teacher shortly after classes started at a U.S. school and was later found dead as police arrived, authorities in Oregon said.

Authorities have tentatively identified the teen gunman, who was found slumped on a toilet in a bathroom, but weren't ready to release the name, Troutdale Police Chief Scott Anderson said.

Authorities say the shooter likely killed himself.

Anderson said the teacher, Todd Rispler, a 50-year-old physical education instructor, suffered non-life threatening injuries and was treated at the scene.

Authorities have also identified the student killed, saying that the 14-year-old victim was killed in the boys' locker room.

The attack panicked students, and a lockdown was ordered.

Morgan Rose, 15, said she hid in a locker room with another student and two teachers.

"It was scary in the moment. Now knowing everything's OK I'm better," she said.

Daniel DeLong, 15, said

Right to bear arms

Obama: U.S. should be ashamed

President Barack Obama says his biggest frustration so far as president is that American society has not been willing to take steps to strengthen gun control.

Obama is reflecting on frequent mass shootings during a question-and-answer session on social media site Tumblr. He says the U.S. should be ashamed.

Obama says there's no place else in the world where mass shootings are a once-a-week occurrence. He says the country must do some soul-searching.

THE ASSOCIATED PRESS



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FANS GEAR UP FOR SOCCER FEAST

The wait is almost over. The 2014 FIFA World Cup kicks off Thursday and to get you in the game, Metro has you covered with the latest from Brazil.



Underdogs Australia looking for redemption in the beautiful game?

A hot air balloon in the likeness of Brazil's Christ The Redeemer statue, wearing the colours of Australia's soccer team, floats over the Melbourne skyline Tuesday in this photo released by sportsbet.com.au. Australia will begin their 2014 soccer World Cup campaign with a match on Saturday against Chile, in Cuiaba. DAVE CALLOW-SPORTSBET.COM.AU/THE ASSOCIATED PRESS

Messi's mystery nausea foxes docs

Shortly after coming on as a second-half sub in Argentina's last World Cup warm-up, Lionel Messi doubled over and appeared to vomit on the pitch. He's done it at least a half-dozen times with Argentina and club team Barcelona, mystifying doctors and fans alike.

"Nerves," says Argentina coach Alejandro Sabella, and that's a diagnosis as good as any. The Argentina captain and four-time world player of the year is under tremendous pressure to lead the Albiceleste to its first World Cup trophy since 1986. The team opens its campaign against Bosnia-Herzegovina on Sunday.

Top athletes throwing up before, during or after a competition is not unusual. Sometimes it's because of the physical stress on their bodies, sometimes because of performance anxiety.

What's unusual about Messi is that it seems to happen quite randomly, not when the pressure would seem the greatest or when he's exhausted himself to the limit.

Barcelona's medical staff hasn't been able to find the cause. Neither have Argentina's team doctors, nor Messi himself. **THE ASSOCIATED PRESS**

Argentina's Lionel Messi wipes his mouth after appearing to vomit on the pitch during an international friendly soccer game in this March 5 file photo. **THE ASSOCIATED PRESS**

Advertisers try to score with music

Companies that are advertising for the World Cup are hoping music will strike a chord with fans globally.

Because the FIFA World Cup is the most popular sports event on the planet, advertisers want to take advantage of the large viewing audience. But the World Cup poses problems for companies that are used to making a splash at big sporting events like the Super Bowl with a pricey 30-second spot.

First off, soccer doesn't have very many commercial breaks, with two 45-minute halves played mostly straight through. Additionally, soccer is a global event, so it's hard to make TV ads that translate across cultures. As a result, brands — both official sponsors and those that just want to capitalize on the event — increasingly are using music to get the world's attention:

Danone's Activia yogurt teamed up with Shakira to update her wildly popular 2010 World Cup Song "Waka Waka," about Africa, with a Brazil-centric video for "La La La." Coca-Cola made a song in English, "The World is Ours," and then created 32 local versions, each sung by a local artist in the native language. And Beats by Dre launched a splashy five-minute video "The Game Before the Game" that shows soccer stars like Neymar Jr. and many others preparing for game time by listening to "Jungle" by Jamie N Commons & The X Ambassadors.

The move is an effort by companies to try to capture the attention of one of the largest global audiences for any event. In the last World Cup four years ago, 3.2 billion people tuned in, according to FIFA. That's compared with the 111.5 million people who tuned into the Super Bowl this year. **THE ASSOCIATED PRESS**

Social media tracking World Cup games

This year's World Cup will play out on Twitter, Facebook, Instagram and messaging apps like WhatsApp just as it progresses in stadiums from Sao Paulo to Rio De Janeiro.

Nearly 40 per cent of Facebook's 1.28 billion users are fans of soccer. On Tuesday, the world's biggest on-line social network announced new features

the World Cup most widely event. Facebook to keep track of teams and players throughout the tournament in Cup section, called "Trending World Cup." Available on the web as well as mobile devices, include the latest highlights as well tournament-related friends, players and pany is also launching FacebookRef, where fans can see commentary about the matches from "The Ref," Facebook's official tournament commentator.

Not to be outdone, Twitter touted in a blog post last week that fans can follow individual teams or players and use the hashtag #WorldCup to tweet about the matches, and follow official accounts such as @FIFA-WorldCup and @ussoccer for the United States team, for example.

THE ASSOCIATED PRESS

This image from Facebook shows the social network's "Trending World Cup" special feature. **FACEBOOK/THE ASSOCIATED PRESS**



N.Y.C. settles with Occupy protesters

Civil-rights lawsuit. City will pay \$538,000 to 14 demonstrators who claim they were arrested in 2012 for 'expressing their views'

New York City has agreed to pay nearly \$600,000 US to settle allegations that police wrongfully arrested a group of Occupy Wall Street protesters, marking the largest settlement to date in an Occupy-related civil rights lawsuit, the marchers' lawyers said Tuesday.

The protests against economic inequality inspired similar protests around the U.S. and the world.

The \$583,000 US pact involves 14 demonstrators who said police ordered them to leave but prevented them from doing so and arrested them in lower Manhattan early on New Year's Day 2012. The disorderly conduct cases got dismissed, according to the protesters' federal lawsuit, which argues they were arrested "for expressing their views."

The city didn't immediately comment Tuesday, but it has said the arrests were lawful. **THE ASSOCIATED PRESS**

Market Minute

DOLLAR
91.71¢
(+0.03¢)

Natural gas: \$4.53 US (-\$0.10)
Dow Jones: 16,945.92 (+2.82)

TSX
14,904.38 (+33.17)

OIL
\$104.35 US (-\$0.06)

GOLD
\$1,260.10 US (+\$6.20)



An unmanned aerial vehicle equipped with a multi-spectral camera awaits takeoff at the Southeastern Agricultural Center's research farm in Moultrie, Ga., in May. **JOHNNY CLARK/THE ASSOCIATED PRESS**

A new, peaceful use for aerial drones sprouts up in America

Aerial drones, a technology perhaps best known for helping hunt terrorists on the other side of the globe, may soon begin helping U.S. farmers monitor what's happening in their fields.

In Georgia, a group of state and federal officials — along with members of industry and academia — has been working since 2009 to develop a drone that can save a farmer's time and resources during the grow-

ing season.

The public got its first glimpse of the group's unmanned aerial vehicle (UAV) at a flight demonstration last month at a research farm in Moultrie, Ga.

By deploying a UAV with a multi-spectral camera to survey crops, farmers could spot water and nutrition issues, insect infestations and fungal infections.

"The UAV saves a tremen-

dous amount of time," said Eric Corban, founder and chief technology officer for Guided Systems Technologies Inc., a Stockbridge, Ga., company that helped develop the software. "Traditionally you would walk the field, and you would only get a small portion of the field sample. The UAV can do it in a fraction of that time and cover the entire field."

Although the technology is

only in the testing phase, commercial use could begin once the Federal Aviation Administration issues rules.

"We're working very close with the FAA," said the director of the Georgia Center of Innovation for Aerospace. "They have direction from the Congress to issue rules for the use of unmanned aircraft systems by the fall of 2015."

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\$500M. Skybox goes to Google for a sky-high price

Google is buying Skybox Imaging in a deal that could serve as a launching pad for the Internet company to send its own fleet of satellites to take aerial pictures and provide online access to remote areas of the world.

The \$500 million US acquisition announced Tuesday initially will provide Google with the means to improve the quality and immediacy of the satellite imagery used in

its digital maps.

Google Inc. plans to use Skybox's satellite already in orbit to supplement the material that it licenses from more than 1,000 sources, including other satellite companies.

Eventually, though, Google hopes to build more satellites that could be used to beam Internet access to points around the world.

THE ASSOCIATED PRESS

Deal. No new U.S. tax on cargo from Canada, Mexico

Canada's shipping industry appears to have steered clear of a threatened U.S. cargo tax.

The push for a tax on cargo from Canada and Mexico was excluded from the new Water Resources Reform and Development Act, signed into law Tuesday by U.S. President Barack Obama.

"(This) would have been a massive tax grab and a massive congestion problem," pleaded Canadian ambas-

sador Gary Doer said in an interview before the bill was signed.

"This would have been a real blow to Canadian ports, and real congestion points at our borders."

The final legislation doesn't include the proposed 0.125 per cent tax, which would have been collected by U.S. Customs on all cargo carried into the U.S. via Canadian ports. **THE CANADIAN PRESS**

Pouches of tobacco

Swedish Match wants snus marked as 'modified risk'

Smokeless tobacco maker Swedish Match is asking the U.S. Food and Drug Administration to certify its General-branded pouches of tobacco as less harmful than cigarettes.

The company with its North American headquarters in Richmond, Va., is filing an application with the FDA to approve the snus products as "modified risk."

Snus — teabag-like pouches that users stick between their cheek and gum to get their nicotine fix — are popular in Scandinavian countries and are part of a growing smokeless tobacco market in the U.S. **THE ASSOCIATED PRESS**

Online security

Target-ing the right man for data safety

Target Corp. has named Brad Maiorino as chief information security officer as the company overhauls its security department in the wake of a massive data breach.

The nation's third-largest retailer, based in

Minneapolis, said Tuesday that Maiorino will join the company Monday and be responsible for the company's information security and technology risk strategy. He was General Motors Co.'s chief information security and information technology risk officer. Before that, he had a similar role at General Electric.

THE ASSOCIATED PRESS

TOP SIX @ 6
Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 Jolo Regular Jo
- 5 Pitbull ft GRL Wild Wild Love
- 4 Ariana Grande ft Iggy Azalea Problem
- 3 DJ Snake ft Lil John Turn Down For What
- 2 Calvin Harris Summer
- 1 Iggy Azalea ft Charlie XCX Fancy

101.3 THE BOUNCE

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WILE E. GOOSTMAN: MACHINE 1, MAN DUMB :(

Human evolution lurched ahead the other day, leaving Homo sapiens in the same dust that covers the Neanderthals and other dead branches on the tree of life.

Meet the future: Eugene Goostman. He's a 13-year-old Ukrainian boy. His father is a gynecologist and he owns a gerbil. (Eugene, that is, not his father.)

He's also not a real boy, but a computer program. A chatbot, to be precise.

But this assemblage of hopped-up bits and bytes managed to fool some real humans into believing he was one of us, thereby passing the legendary milestone in the field of artificial intelligence known as the Turing Test, proposed by the British mathematician Alan Turing.

In 1950, Turing predicted that in 50 years a machine would be able to fool at least 30 per cent of interrogators into thinking they were talking to a human being. Well, it took a little bit longer than 50 years (64 to be precise), but Eugene



JUST SAYIN'
Paul Sullivan
metronews.ca

fooled 10 out of 30 judges last week at the University of Reading.

There was an immediate outcry that Eugene was a trick, that his programmers intentionally portrayed him as a child, which would explain his knowledge gaps.

Whatever the flaws in the test or the program, the point is that Eugene managed to fool some of the people in the room. This doesn't surprise me. As computers are getting smarter, I swear people are getting dumber. If you need evidence, just check out these examples from a recent BuzzFeed piece in which real people incisively demonstrate their inferiority:

"Just found out my birthday is the same day as when I was born! Life is crazy!"

Or: "Where's the 2014 Brazil World Cup going to be held?"

Or: "Wow, I can't believe the titanic sunk and the people filming it didn't even stop to help. :("

I could go on, but you get the idea.

Siri-ously

No wonder Eugene Goostman sounds like a real boy. It ain't nothin' special.

Yeah, it's a little creepy getting overtaken by Little Boy Blue. Maybe not as creepy as Her, the recent Spike Jonze movie in which the world's creepiest actor Joaquin Phoenix falls in love with an operating system. Although who can blame him ... his operating system has the voice of Scarlett Johansson. Fool me once, twice, whatever.

I haven't fallen in love with my operating system. Yet. But I am fond of her. Siri tells me that right now, it would take me 29 minutes to drive home. That's the word she/it uses. Home. Like we both live there. When Siri first did that, I admit to being touched. Not only did she/it suggest we go home, she gave me precise, accurate directions. It had been a long day. I was tired. I was just glad somebody ... or something ... knew the way.

ZOOM

Spiralling into control



It can take as little as 30 seconds for photographer Martin Kimbell to create one of his light-art creations. "The light patterns themselves do not typically take a great deal of time, but illuminating and exposing the rest of the scene can." COURTESY MARTIN KIMBELL/SOLENT NEWS

Artist lights up night with Spirograph of the skies

Photographer Martin Kimbell creates light drawings that use the picturesque night skies in quiet countryside locations across the U.K. as his canvas.

The 25-year-old from Nottingham, England, uses a technique to create intricate spirals, which look like they could have been created on a '60s-era toy Spirograph. **METRO**

Hoop dreams

The images include a ribbon of white lights, which meander among the trees, and a tornado-like beam.

Kimbell creates the pictures using long-exposure photography, which involves leaving the camera shutter open for up to an hour.

He throws a spinning hoop fixed with LED lights into the air and waits while its path is captured on the film. **METRO**

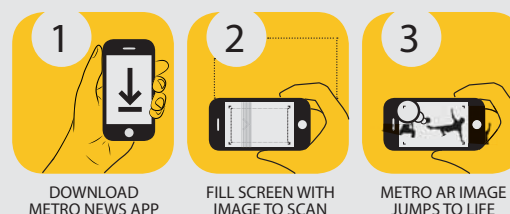
Quoted

"What I love about light painting is that it gives me a level of control and creative freedom which is rare in most forms of photography. Through the adding of different light patterns, or by illuminating it differently, I can completely transform the scene."

Martin Kimbell, photographer

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 14 in Scene and page 24 in Sports

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MetroTube

Stuck at the airport? Make a music video

REBECCA WILLIAMS
readers@metronews.ca

Airports are contradictory places.

They're exciting because you're headed somewhere and boring because, well, waiting, security lines and more waiting. So what to do while stuck at one? You could pick up a book, eat some snacks, plan your trip — or shoot a music video.

When Richard Dunn was stranded at a Las Vegas airport "all by himself" that's exactly what he did. (Via Richard Dunn/Vimeo)



ETHAN MILLER/GETTY IMAGES



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Scan this photo with your Metro News app for a video of Jay Baruchel talking about Hiccup!

Stop dragon my rep around

Breathing fire.

Fearsome beast of myth tips scales as misunderstood creature



IN
FOCUS
Richard Crouse
scene@metronews.ca

The Hobbit author J.R.R. Tolkien described dragon Smaug as “a most specially greedy, strong and wicked worm.” The Flight of the Conchords have a song called Albi the Racist Dragon, and on Dragon Day at Cornell University, an effigy of one of the giant beasts is burned while students shout and dance.

They can be fiery, fearsome creatures. “Noble dragons don’t have friends,” writes Terry Pratchett in Guards! Guards! “The nearest they can get to the idea is an enemy who is still alive.”

It’s not hard to understand why the folks on Game of Thrones are wary of Daenerys Targaryen’s (Emilia Clarke) brood of the beasts when she spouts off lines like, “When my dragons are grown, we will take back what was stolen from me and destroy those who wronged me! We will lay waste to armies and burn cities to the ground!” Then there’s Bryagh, the serpentine villain of The Flight of Dragons who not only insults the movie’s heroes before dispatching them, he also gobbles up the eggs of other dragons!

Maybe if characters in movies paid more heed to the advice given by author Steven Brust — “Always speak politely to an enraged dragon” — then movies and TV wouldn’t have to offer up such a wide array of ways to rid the world of dragons. Look on IMDb, there are dozens of titles containing the phrase “dragon slayer.”

The 2010 animated hit How to Train Your Dragon begins in a remote Viking village where killing a dragon is “everything.” It focuses on Hiccup (Jay Baruchel), a kind-hearted boy who captures one of the flying behemoths and discovers two things: One, he can’t bring himself to kill it, and two, that dragons aren’t the fearful monsters everyone thinks they are. He becomes a Dragon Whisperer and the movie shows the serpentine creatures in a different light than the abysmal brutes usually seen on screen.



How to Train Your Dragon hero, Hiccup, voiced by Jay Baruchel. CONTRIBUTED

Baruchel and his best Bud

Toothless hero for young fans

Jay Baruchel has a unique voice. Instantly recognizable, the nasally twang he uses to bring the character of How to Train Your Dragon 2’s Hiccup to life is so distinctive it even has its own Facebook fan page.

You would think that kids — who made the Viking teenager and his dragon Toothless so popular on the big screen (the original 2010 movie grossed almost half a billion dollars) and on the TV show and video games — would be thrilled to meet the man behind the voice. Right?

“Friends who have kids will say, ‘Hey! Look! It’s Hiccup,’” and then it is utter, sheer disappointment,” he says. “This is not Hiccup. It’s a real-life human dirtbag I’m looking at.’ Although I have to say I was in a liquor store in Los Angeles a few

months ago, and I was saying something to the cashier and this guy turned around and said, ‘You’re funny. You know you’re doing something right when you get recognized by your voice,’ but usually with the kids, they’re super bummed to actually meet me.”

Baruchel has voiced Hiccup in two films (with at least one more on the way) and 40 episodes of the television show.

Director Dean DeBlois says that the actor and the character are now interchangeable, with Baruchel bringing character ideas to the table every time out.

“How much input I ultimately have is purely up to (Dean),” says

Baruchel.

One of Hiccup’s vocal tics unmistakably came from Baruchel — his habit of calling his dragon by the nickname Bud.

“That is clearly me,” he says. “I remember the first time we did it in the first one and it just kind of stuck and became a thing. I call everyone Bud in real life and half the work is for me not to call every character in this movie Bud. It’s kind of specific to Toothless now. I still fit in some hoser wherever I can.”

RICHARD CROUSE

All the rage

“Always speak politely to an enraged dragon.”

Author Steven Brust

This weekend, How to Train Your Dragon 2 adds to the list of cinematic dragons who are more misunderstood than actually evil.

The 1941 Disney flick The Reluctant Dragon features a dragon that would rather recite poetry than cause havoc. “You’ve got to be mad to breathe fire,” he says, “but I’m not mad at anybody.”

In the live-action Dragon-Heart, a fire-breather must team with a dragon-slaying knight (Dennis Quaid) to end an evil king’s rule. When the giant serpent is accused of eating an adversary, he is indignant. “I merely chewed in self-defense, but I never swallowed.”

Eddie Murphy lent some comedic relief to the 1998 animated movie Mulan as the tiny, blue-horned Mushu. He may be the size of the Geico gecko, but don’t mention it. “I’m a dragon, not lizard. I don’t do that tongue thing.”

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Always classy Franco's fanfic plucks LiLo-est hanging fruit

MELINDA
TAUB
Metro World News

James Franco and Lindsay Lohan deserve each other, I think. Both of them seem addicted to the spotlight, and neither has any qualms about involving other people in their nonsense. Case in point: James Franco wrote a "short story" about Lohan for Vice's fiction issue.

It's not just about Lohan — Franco fills the piece with anecdotes about his life in Hollywood, circa 2011. By calling it fiction, I'm sure he intends us to ask ourselves what's real and what's made up, which, to be fair, I totally am. The bulk of the piece is about Lindsay Lohan — I'm sorry, "Lindsay Lohan" — letting herself into "James Franco" the narrator's Chateau

Marmont bungalow to hit on him. He reads her stories instead of sleeping with her, until she falls asleep. That much Franco has relayed in interviews as fact. But what about the details we haven't heard about before? Here are a few I'm curious about, despite knowing that my curiosity would please James Franco:

- Did Lindsay Lohan really pound on Franco's door, yelling that he was a "bookworm punk blogger f—?"

- Did James Franco really turn in his sullen Oscar hosting performance because he wasn't allowed to dress up as Cher and sing You Haven't Seen the Last of Me?

- Did Lindsay Lohan really spread false rumours that photographer Terry Richardson was shooting a sex book with Lohan and Franco?

- Will Lindsay Lohan sue him?

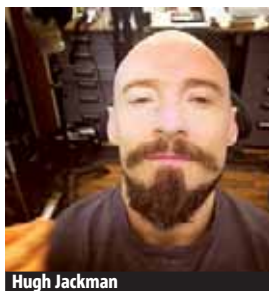
I don't really approve of kissing and telling, but I have to admit that I'd get through a lot more New Yorker fiction if it was all like James Franco's Lohan fanfic.



Kate Hudson ALL PHOTOS GETTY IMAGES

Kate finally calls out former beaus for being dopes

After dating both Lance Armstrong and Yankees star Alex Rodriguez, it's surprising Kate Hudson hasn't weighed in on the sports doping issue sooner. But better late than never. In an interview with InStyle magazine, Hudson says she was "as shocked as anyone" when Armstrong confessed to using performance-enhancing drugs. "I personally think that you make the choices you make and you should reap the consequences," she says. "Lance and Alex are phenomenal athletes who have made some bad choices and let a lot of people down. It's a decision they made for themselves, and they've got to loathe it."



Hugh Jackman

All Blackbeard and no hair makes Jackman a sexy pirate

What happened to our beloved Hugh Jackman's hair? Just this weekend he was looking mighty fine in all of his hirsute glory while hosting the Tony Awards. And now this photo appears on Instagram? Reportedly, there's a good reason he's shaved his head — he's getting ready to play the role of Blackbeard in an upcoming movie called Pan.

metro

TODAY'S HOROSCOPE:

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3
LIFE

Portland hits the spot with its weird and wonderful food carts

Would you like tarragon anchovy mayo on that? The city's most famous food stalls combine comfort with courage

STEVE GOW
life@metronews.ca

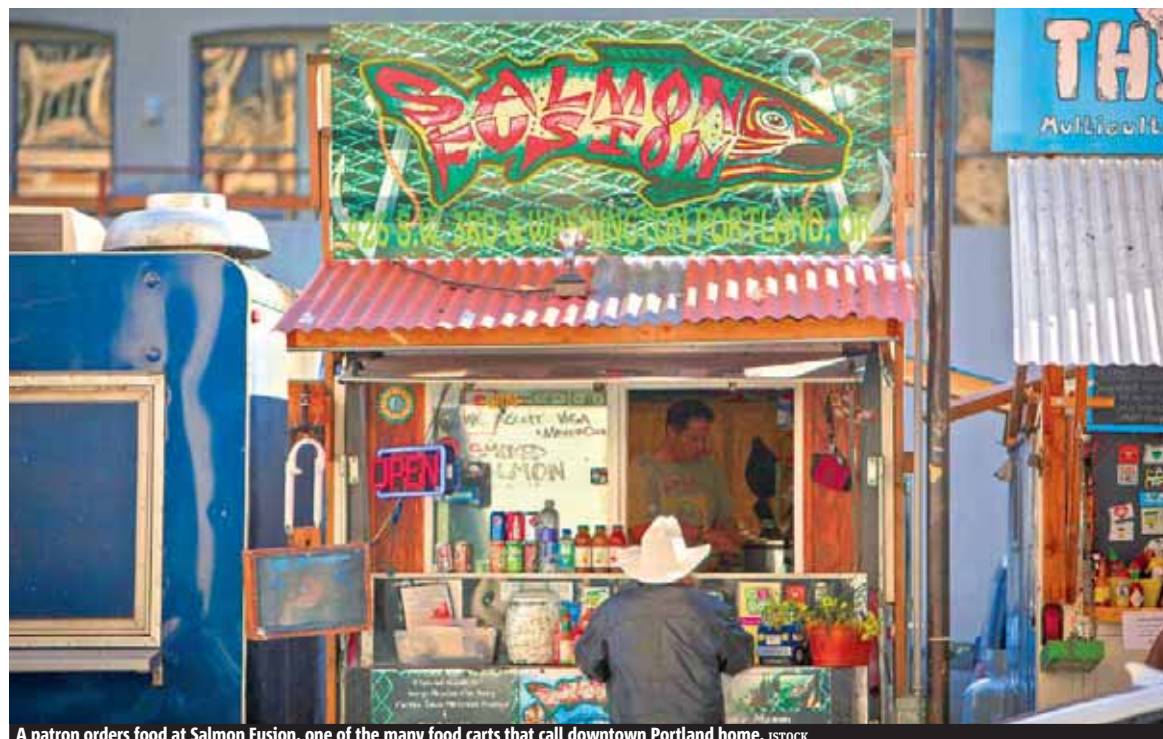
With over 500 eateries dotting the cityscape, Portland's food carts have become a thing of legend. Unlike most cities' roving food trucks however, most of Portland's kitchens are stationed in so-called pods and serve up more than just uninspired frankfurters. In Portland, foodies can feast on everything from hummus to Himalayan fare. Here is a list of just five of the most far-out food trucks to tempt you on your next trip to Oregon.

Potato Champion

Since 2008, this food cart has been serving up twice-fried Belgian-style pommes frites with a variety of sauces that include Rosemary Truffle Ketchup and Tarragon Anchovy Mayo. But if you're interested in tasting their big signature dish, you'll need to order the PB and J — fries topped with peanut satay and raspberry chipotle sauce. As one can imagine, Potato Champion is especially popular with late-night crowds. Visit potatochampion.com.

808 Grinds

Aloha, foodies! Named "favourite food cart" in an



A patron orders food at Salmon Fusion, one of the many food carts that call downtown Portland home. ISTOCK

Oregonian reader's poll, this award-winning eatery offers up an array of authentic Hawaiian cuisine, including kalua pig (a kind of pulled pork). For the experimental, you can also taste Spam Musubi (seared marinated spam over rice wrapped in seaweed) with their Garlic Furikake Fries. See 808grinds.com.

Solar Waffle Works

A very unique food cart, Solar Waffle Works is an all-volunteer, non-profit business that relies almost entirely on

solar energy to cook all sorts of sweet and savoury waffles from as low as \$2.50. Toss in the fact that they manage a training program for at-risk youth in the community and Solar Waffle definitely works. Check out www.pps.k12.or.us/schools/solar-waffle.

Chez Dodo

Mauritius is a long way from Oregon, yet you can get the taste of the tiny Indian Ocean island right in the middle of Portland. The island itself is a mix of different cultures (Portuguese, Indian, African)

but is most famous as the home of the famed, extinct Dodo bird. At Chez Dodo, you begin with a base of flat bread or noodles, add a sauce, and top with bean, potatoes, meat and, if you're daring, the Island Fever spicy curry sauce. See facebook.com/chezdodo.

PBJ's Grilled

Founded by Las Vegas expatriates, PBJ's serves all manner of popular grilled peanut butter and jam sandwiches — which can include applewood smoked bacon, hamburger, crispy coco-

nut shrimp and more. Who could have guessed jalapeno peppers would go so well with peanut butter? Visit pbjsgrilled.com.

Plan a food quest

For the most comprehensive list of Portland's exterior eateries, Food Carts Portland boasts a constantly updated list of carts, maps, cuisine categories and menus. In fact, they even offer tours. Visit foodcartsportland.com.



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Prepping for Pomp and Circumstance

Convocation. Keep these key points in mind while putting on your cap and gown

ELIAS
DA SILVA-POWELL
TalentEgg.ca

If you're soon to attend your convocation, then the last time you were handed a scroll on stage was probably at the end of high school, which may seem like a lifetime ago.

Though you've seen dozens of graduation ceremonies in TV shows and movies, it's easy to get caught off-guard by the reality of convocation.

As a double grad with a host of multiple-degree-holding friends, I've heard a lot about graduation and its various pitfalls.

Don't get me wrong, it's still a great day and an occasion to celebrate. But a little preparation can make a lot of difference. Here are key things you should keep in mind:

Put your best foot forward

The only thing more risky than overdressing for your convocation is a bad footwear choice. Brand new shoes look great, but not when every step means the discovery of a new blister. Similarly, a height boost will only give you a confidence boost until you topple over.

Tip: Unless you're planning to ride a skateboard across the stage, leave your sneakers and running shoes at home. If you buy new shoes, break them in first. Heels should be no higher in inches than the number of years it took to complete your degree.

If it's on, turn it off

If your cellphone is on, turn it off. If it's on silent, turn it off. If you're "pretty sure" it's off, turn it off.

Tip: This isn't funny. Even if the speeches are dull, your EDM ringtone isn't going to solve anything.

Get ready to see everyone

The periods before and after the convocation ceremony can feel like the most uncomfortable cocktail party in the world.

The neighbour who broke your heart? Right

High shoes, you lose

Heels should be no higher in inches than the number of years it took to complete your degree.

there. The person you offended in a class debate? Hi. The former friend you no longer speak to? Strained silence.

You'll cross paths with an endless array of these people. You'll even be able to hear their less-than-enthusiastic clapping from the stage, no matter how big the crowd.

Tip: Nod, smile, shake hands — and keep moving. Find (and stay with) your close friends. Consider having a less-problematic personal life the next time around.

Brace for speeches

As someone who has both given and listened to some terrible speeches, I recognize that fine speech-making is much like fine watch-making — a delicate, precise balance of minute parts, all working towards a simple yet elegant goal.

The speeches at your ceremony may be rise-to-your-feet-and-cheer good or Oh-wow-I'm-watching-sunbeams-cross-the-walls bad, but in either case, you should be prepared for awkward jokes, personal anecdotes that go nowhere and discouraging school-of-hard-knocks type observations.

It isn't over just yet

There are a lot of "lasts" involved in finishing school: last lecture, last assignment, last exam.

- Chances are, none of these experiences felt like the end of a chapter in your life. That's because they weren't — and convocation is no exception.

- Though convocation comes with a stage and applause, your life isn't a play, with neatly ordered scenes and cues. You won't get a sense of a finished chapter until you find yourself moving through the next one.



Dress cool, dress smart. The robes are hot, and you'll probably put them on at least an hour before you cross the stage. When you find yourself standing in an airless stairwell shoulder-to-shoulder with 140 other people, you'll regret wearing more layers than were strictly necessary. FLICKR: LOYOLAUNIVERSITYCHICAGO

Tip: Giving a speech at your ceremony? Don't use the phrase, "It's tough out there." Everyone is tired of hearing that.

Significant moments can also be incredibly uncomfortable

When you boil it down, the whole "big day" is a backdrop to your moment: the moment when you cross the stage, seize your scroll and stomp gloriously down the stairs, accompanied by roars and cheers. That's a TV/movie thing, though.

For the average student, there's only enough crowd-enthusiasm to carry you partway across the stage. If your ceremony involves multiple steps (get the degree, get a hand-shake, walk to centre stage, get another handshake, etc.) you may find your big moment has a backdrop of quiet coughing and the rustling noise of hundreds of people sweating quietly.

Tip: At many ceremonies, the audience is specifically asked not to applaud, in an effort to keep the event on-pace. Prime your family and friends to disregard this directive — everyone else will.

You are already taking too many pictures

It's great to live in an age where every device is also a camera, microphone and camcorder.

This is a big day. While you celebrate with friends and family, you should also make sure to take a few photos to commemorate

well-lit, non-blurry, non-awkward photos with the people who mean the most to you.

Tip: Get your photos, then take the batteries out of the camera. Or at least, give it to the person with the least interest in photos.

Make a reservation on the far side of town

Depending on your cohort size, the number of restaurants within walking distance of the venue and the overall quality of the culinary scene in your town, it can be almost impossible to get a table for a celebratory lunch or dinner after you've swaggered across the stage. Don't set your heart on visiting your favourite venue if your favourite venue is everyone else's favourite venue.

Tip: If you don't make a reservation, at least have a list of top choices and be prepared to adapt to long lines.

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A crunch that goes from app to meatless dinner

Crunchy Vegetable and Lentil Salad. This dish, which is finished with a tasty pesto, is the perfect option for outdoor dining



DINNER EXPRESS
Emily Richards
food@metronews.ca

I love making salads to serve up for dinner. They look amazing and are easy to prepare ahead.

This Vegetable and Lentil Salad is a great one to pack along for a dinner picnic in the park. Bring along a baguette

FLASH FOOD



From your fridge to your table in 30 minutes or less

Cooking tips

- White balsamic vinegar offers a slightly sweet flavour to this salad; for more tang, use a cider or white wine vinegar.

and some cheese with a bottle of your favourite wine to enjoy a quiet dinner outdoors.

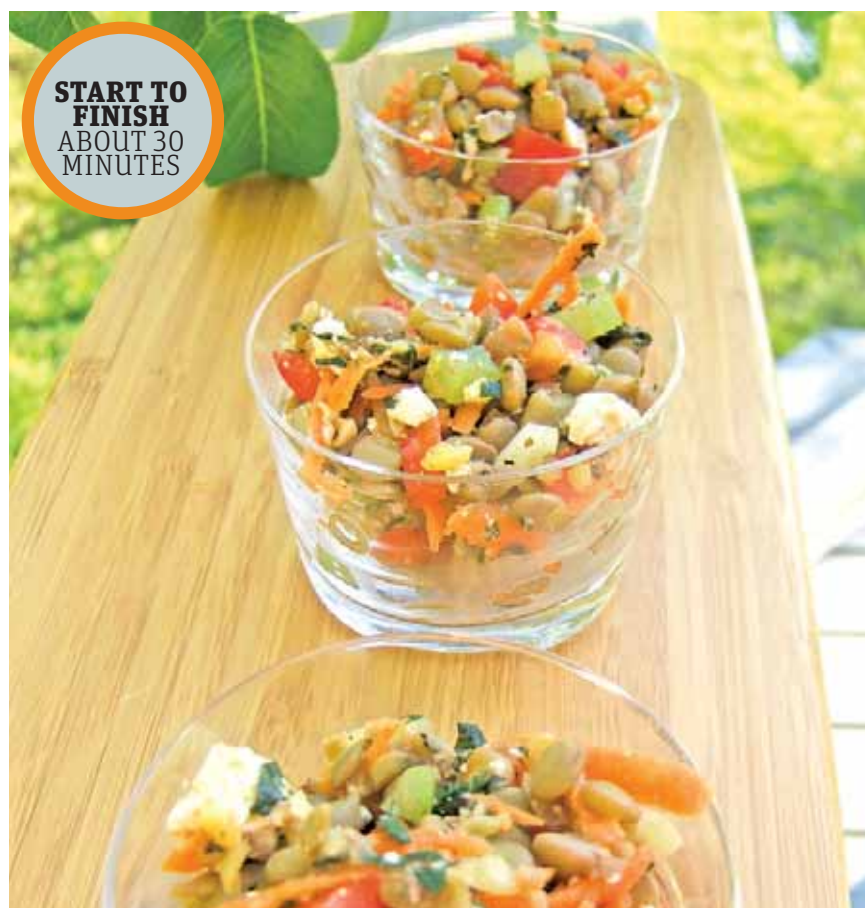
The lentils in this salad provide a meatless protein option and the perfect texture to enjoy along with the crunchy vegetables. Grown in Canada, lentils have become a popular addition to many kitchens. Not only canned varieties, which are pantry staples, but also dried lentils can be cooked up quickly with lots of flavour and textures.

If you have leftover grilled

chicken or a can of tuna or salmon, feel free to add it in for a heartier salad.

Serve the Vegetable and Lentil Salad on a bed of greens for a twist or in small portions for a new appetizer idea.

1. In pot, combine the dry green or brown lentils, water and bay leaves; bring to a boil. Reduce heat and simmer gently for 15 to 20 minutes or until tender. Drain and rinse with



START TO FINISH ABOUT 30 MINUTES

This recipe makes four to six servings. EMILY RICHARDS

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Ingredients

- 1/2 cup (125 ml) dry green or brown lentils
- 2 cups (500 ml) water
- 2 bay leaves
- 1 large rib celery, diced
- 1 large carrot, shredded

- 1 red pepper, chopped
 - 2 tbsp (30 ml) chopped fresh mint
- Pesto Dressing**
- 2 tbsp (30 ml) vegetable broth
 - 2 tbsp (30 ml) white balsamic vinegar

- 1 tbsp (15 ml) basil or sundried tomato pesto
- 2 tsp (10 ml) canola oil
- 1/4 tsp (1 ml) black pepper
- 1/4 cup (60 ml) finely crumbled light feta cheese

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DOWNTOWN DARTMOUTH



The Dart Gallery and Kept Gifts and Housewares are two of the newest businesses in Downtown Dartmouth. CONTRIBUTED

Diversity, activities fuel local rejuvenation

With influx of shops and galleries, the once quiet area is bustling — and continues to grow

Three years ago Downtown Dartmouth didn't have a candy store, a bike shop or a commercial art gallery. All that has quickly changed. Today Sugar Shok, a Portland Street shop operated by entrepreneur Stacey Campbell, sells more than 50 kinds of popular and hard-to-find candies along with a unique range of novelty items, gifts, toys and party favours. A few doors down Jane MacDougald has opened The Dart Gallery in a vacated laundromat, a venue that gives local artists a place to display and sell their work and host community events. And closer to Alderney Drive, Marc Rickard, owner of The Bike Pedaler, is ready to open the second location of his popular Downtown Dartmouth bike shop.

Those burgeoning new businesses have been joined by others, including Kept Gifts and Housewares, a shop that features unique, one-of-a-kind items and Lasting Impressions Balloon and Gift Company. Other businesses include Uptown Girl Fashion Boutique, a popular Portland Street shop that is celebrating its 10th anniversary at the same location.

Downtown Dartmouth Business Commission chair Alyson Roberts says a big part of the appeal of the area as a shopping destination is its diversity.

"Downtown Dartmouth is about a lot more than just shopping. It's a real destination. You can go on a hike or a bike ride on one of the trails, then pop into Celtic Corner for a drink or one of our great eating places like Two If By Sea and Nectar. Also, there's a real undercurrent of young artists in the community, with places like The Dart Gallery and Alderney Landing. It's a place to spend the day."

The influx of new local residents has played a big part in the downtown rejuvenation, says Roberts. "The Kings Wharf development in particular has triggered a new prosperity downtown," she says. But the area is also becoming a destination for people on the Halifax side of the harbour, particularly on weekends. It's a way for shoppers to escape the sameness of large malls, and maybe even experience a ride on the harbour ferry.

"For years the ferry was seen as a barrier by many people," says Roberts. "Now it's seen as something that adds a quality of life to downtown Dartmouth. For some people it's a much more pleasant way to commute than being stuck in traffic every day. And for shoppers on the Halifax side, it adds to the experience of coming here."

— Tom Mason



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Dartmouth street party a highlight

This year the Nova Scotia Multicultural Festival celebrates 30 years of showcasing the best of Nova Scotia's diverse cultural heritage. It also marks the return of the festival to its roots in Downtown Dartmouth.

On June 15 Portland Street will become the scene of a huge multicultural street party as the part of the street running through the downtown core is closed to traffic. The party will feature live performances, games, a mini putt, a pig roast and many other activities throughout the day.

"We're excited to be bringing the festival back to the neighbourhood where it started," says Ed Savage, project officer for the Multicultural Festival. "The street party will be a real opportunity for everyone to get involved and experience the diversity of Downtown Dartmouth."

Savage is no stranger to the Downtown Dartmouth community. Last November he opened Lasting Impressions Balloon and Gift on a section of Portland Street that has seen a number of new businesses open in the last few years. He

says the Multicultural Festival street party will be a great chance to show off the revitalization taking place on the street. "Portland Street has really cleaned up a lot in the last few years," he says. "There has been a real resurgence of young entrepreneurs with unique business ideas."

The Nova Scotia Multicultural Festival is the largest event of its kind east of Montreal. Along with the Downtown Dartmouth Street Party, the seven-day event will feature performances by a list of well known local artists, international cuisine, workshops and a parade through downtown Halifax streets on June 21. This year's festival will pay special tribute to the founding cultures of Nova Scotia, including the Mi'kmaq, the Acadians, the Gaelic peoples and African Nova Scotians.

The Multicultural Festival Street Party is being hosted in collaboration with the Downtown Dartmouth Business Association and Switch. "It will be a real opportunity to celebrate culture in a different way," says Savage. "It's going to be a lot of fun." — Tom Mason



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UNIQUE CULTURAL INITIATIVES BRING COMMUNITY TOGETHER

Downtown Dartmouth is hosting a long list of events and activities this summer:

OPEN OVEN

The Park Avenue Community Oven is a unique community initiative that encourages the community to come together to cook, enjoy local food and experience the beauty of Leighton Dillman Park. The Open Oven event takes place every Saturday from 12 noon to 3 p.m., with a special Pride Picnic at the Oven event on Sunday, July 27 starting at noon.

SULLIVAN'S POND EVENTS

Sullivan's Pond will be the venue for a number of events this summer including the African Nova Scotia Music Association Urban Concert on June 15 from 12:30 - 3:30 p.m., the annual Canada Day concert and fireworks on July 1, and the Sobeys Sullivan's Pond Pirate Party on August 4 from noon to 5 p.m. The Rotary Clubs of Dartmouth and Dartmouth East Sullivan's Pond Concert Series starts at 2 p.m. every Sunday from July 6 to August 17.



Created as a holding pond for the Shubenacadie Canal, Sullivan's Pond is an important venue for community events in Downtown Dartmouth. CONTRIBUTED

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Development heats up, with more on horizon

Expert says condos are key to resurgence — creating a critical mass of residents in Dartmouth

Forget the \$500 million price tag for the King's Wharf development that the media usually rolls out. The actual cost of the project is likely to be double that amount by the time it's finished, according to the developer behind it.

"It's going to cost a billion dollars for sure," says Francis Fares, who already developed about \$200 million worth of property in the Halifax area before breaking ground on King's Wharf. "It's going to be one of the biggest developments that has ever been seen in Nova Scotia."

Built at the edge of an abandoned marine slipway at the terminus of the old Shubenacadie Canal, Kings Wharf will include 1,200 condo units, a 200-room hotel and convention centre, condo hotel suites and retail and commercial space.

King's Wharf is leading the way for an unprecedented wave of development in downtown Dartmouth — one that is changing the fabric of the urban core. A new luxury

condominium development at the corner of Alderney Drive and North Street street called the Avery will provide more than 71 units on the Dartmouth harbour front when it opens in 2015. A similar condominium development called Lotus Point is underway at the corner of Ochterloney Street and Victoria Road. And a major long-term multi-use development centred around Dartmouth Cove is also starting to take shape, at least on paper.

Downtown Dartmouth Business Commission executive director Tim Rissesco says the large number of new developments may be only the beginning. "There are a number of opportunity sites owned by developers in the downtown core," he says. "Last year the city revised its view-planes bylaw which opened up a lot of new properties to development above five to seven stories. I think we're going to see some new projects announced very soon."

— Tom Mason



The King's Wharf development is located on the Trans-Canada Trail at the start of the historic Shubenacadie Canal. CONTRIBUTED



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SUCCESSFUL SHOP FILLING A NEED

Sometimes it takes a few attempts to come up with the right formula. The building now occupied by The Bike Pedaler, a thriving Portland Street bicycle sales and repair shop, had been home to 10 businesses in as many years — businesses that included a comic store, a motorcycle shop, a tack shop for horses, a book store and a convenience store. Business has been so good that Bike Pedaler owner Marc Rickard is about to open a second location in an old interpretive centre on the Shubenacadie Canal at the end of Alderney Drive.

Rickard believes he is succeeding where others failed because he found something that downtown Dartmouth needed. In fact the Portland Street area — situated at the convergence of the

“WE’RE GOING TO MOVE OUR RETAIL AND BIKE RENTALS TO THE NEW LOCATION AND KEEP OUR PORTLAND STREET LOCATION AS OUR REPAIR SHOP.”

— *Bike Pedaler owner Marc Rickard*

Trans-Canada Trail, The Harbourfront Trail, the Alderney Ferry Terminal and the Dartmouth Lakes is an ideal location for commuter and recreational biking. The Bike Pedaler has become centre of a new cycling renaissance taking place on the trails and roads of Dartmouth.

— *Tom Mason*



The Bike Pedaler is already opening a second location in Downtown Dartmouth only three years after opening on Portland Street. CONTRIBUTED



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HALIFAX

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311

It's an urban village, where shoppers know merchants

Downtown Dartmouth may look like the centre of a large urban area, but appearances can be deceiving, says Downtown Dartmouth Business Commission chair Alyson Roberts. In many ways the area is an urban village, a place where people spend time outside and get to know their local merchants by name. That was the idea that the business commission had in mind when they created the new Downtown Dartmouth brand a few years ago.

“We created the idea of promoting Down-

town Dartmouth as a community within a community; a unique shopping, dining and living destination within HRM,” says Roberts.

Roberts says the marketing company the commission hired to develop the brand was immediately struck by the sense of small town community that Downtown Dartmouth exudes. “A certain type of person wants to live, work and shop in Downtown Dartmouth. We geared our branding campaign to speak to that person.” — *Tom Mason*

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Switch to close the streets

Switch: Open Street Sundays is an idea that started as a way to reintroduce streets in HRM to pedestrians and cyclists. Supported by partners including the Downtown Dartmouth Business Commission, the Halifax Regional Municipality, the Halifax Water Commission and the province of Nova Scotia, the organization blocks off various streets in HRM to vehicular traffic on select Sundays throughout the summer months and opens them up to the community.

"It's about getting people to look at their neighbourhood streets in a new way," says Switch: Open Street project co-ordinator Ross Soward. "It's a way to activate neighbourhoods, green spaces and public places — to get people to use these resources for biking, hiking, exercising and getting out into the community."

This summer, Switch is organizing two Open Street events in Downtown Dartmouth. The first of those will take place on Sunday June 15 from noon to 4:00 p.m. in conjunction with the Nova Scotia Multicultural Festival. Portland Street will be closed to vehicular

traffic from Alderney Drive through to Prince Albert Street and Cottage Hill Drive.

With a large number of events planned for the June 15 street party, Soward says it may be hard to repeat when Switch organizes a second event on Aug. 24. "We may be setting the bar high in June, but then again that's not a bad problem to have."

Soward says that the Open Street programs are being piloted in a number of places across HRM, primarily as a way of promoting public health and wellness and developing community spirit. "We started in Halifax and we expanded the program to downtown Dartmouth last year. The Downtown Dartmouth Business Commission is an active supporter. It's been a great success."

Downtown Dartmouth Business Commission executive director Tim Rissesco says that the Open Street event was so successful last year that several Downtown Dartmouth business owners said they would like to do it every Sunday.

"There's a real appetite to hold these kinds of events more often," he says. — Tom Mason

COMING UP...

Check back here June 24 to read our latest feature: Exploring Main Street Dartmouth.

Physio clinic, spa establish themselves

Brent Krausher's business relationship with Downtown Dartmouth began at a young age. It was 1976 when his family opened their spa business — Interlude — on Ochterloney Street. A schoolboy at the time, Krausher would help out on weekends.

"I used to take a hose and wash down the sidewalks on Sunday afternoons," he recalls. "In those days I never had to worry about splashing people with the hose. There was nobody on the street."

Not anymore. Today a steady stream of people navigates down Ochterloney Street every day of the week — shoppers, neighbourhood residents, people out for a walk. About 120 of them are headed to Interlude Spa.

Interlude is a bit of a trendsetter; the spa was one of the first health and wellness businesses to locate in the downtown core. Today it has been joined by a number of other health-focused businesses — businesses that have turned Downtown Dartmouth into a centre for health services in HRM.

Portland Physiotherapy started 26 years ago as a local physiotherapy clinic. Current owners Alyson Roberts and Joy Moore purchased the business six years ago and began expanding



Physiotherapist Moire McLellan shows a client the proper use of weight equipment at Portland Physiotherapy. CONTRIBUTED

it into a more integrated health and wellness clinic with a range of services, including occupational therapy, massage therapy, psychology services, acupuncture and more.

"Downtown Dartmouth has become a real destination for health and wellness services," says Roberts.

— Tom Mason

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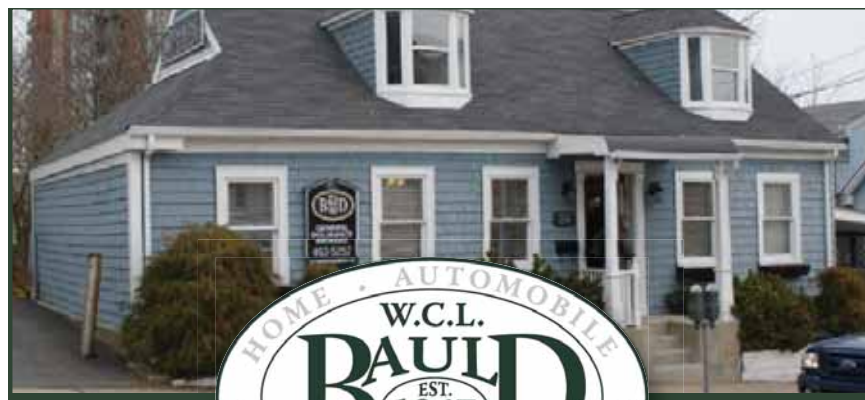
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Fear the speed — and the beard

Fast as a hare.

Halifax's Geoff Harris ready to run circles around competition at local track event

DESIREE FINHERT
Winnipeg@metronews.ca

Olympian Geoff Harris says his track career will be over the day he doesn't get an invitation to the Aileen Meagher International Track Classic at Saint Mary's University.

The 27-year-old middle-distance runner from Halifax has been competing in the track-and-field event for 10 years.

"I figured out how I'm going to know when the end of my career is," Harris told a press conference audience at Homburg Centre on Tuesday. "I realized it's when Kevin stops inviting me to the Aileen Meagher press conferences."

Director Kevin Heisler explained the classic is where the young athletes learn to love the sport, just as Harris did at age 17. Younger athletes compete in development challenges while watching the highly competitive track stars set new records.

It's the series opener of Canada's National Track League, attracting steep competition from 11 countries,



Geoff Harris says his beard won't slow him down during the Aileen Meagher International Track Classic on Saturday at Huskies Stadium. DESIREE FINHERT/FOR METRO

including 13 Olympians.

Harris will be racing his specialty Saturday - the men 800 meter - but after this weekend his focus will be back on Rio.

With the 2012 London Olympics behind him, everyone is asking him if the 2016 Rio Summer Games will be his peak.

"If I made Rio, couldn't imagine not coming wanting to back four more years

The time, the place

6 p.m.

- Saturday, Huskies Stadium, Saint Mary's University

later," said Harris. "But maybe after 2016, I'll hang them up. You want to finish on a high."

In preparation, Harris and his coach Heather Hennigar have been tinkering with Harris' diet and distance.

He went full vegan for a time, but is now including eggs in his diet again. He's also sporting a full red beard - a beard he says doesn't pose enough wind resistance to warrant cutting.

"I just started growing it," he said. "I can't stop now. I'm addicted."

MLB

Last-place Twins shut out Jays

Brian Dozier homered and Minnesota starter Kevin Correia threw six-plus scoreless innings as the Twins defeated the Toronto Blue Jays 4-0 on Tuesday night at Rogers Centre.

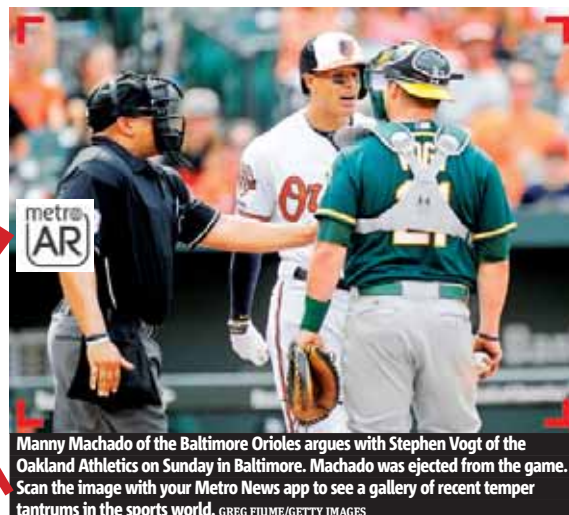
Brian Duensing, Jared Burton and Glen Perkins completed the seven-hit shutout as Minnesota (30-33) won for the second time in six games.

It was the third shutout loss in four games for the Blue Jays, who started the day 5 1/2 games up on second-place Baltimore in the American League East standings. The Twins are in last place in the AL Central division.

Toronto (39-27) pulled out a 5-4 walkoff win in the series opener Monday after dropping a pair of 5-0 decisions to the St. Louis Cardinals over the weekend. The Twins and Blue Jays will close out the three-game series with a matinee on Wednesday. **THE CANADIAN PRESS**



Minnesota's Brian Dozier hits a two-run homer Tuesday. NATHAN DENETTE/THE CANADIAN PRESS



Manny Machado of the Baltimore Orioles argues with Stephen Vogt of the Oakland Athletics on Sunday in Baltimore. Machado was ejected from the game. Scan the image with your Metro News app to see a gallery of recent temper tantrums in the sports world. GREG FIUME/GETTY IMAGES

Machado appeals 5-game suspension for tossing bat

Manny Machado figured he might be suspended for intentionally throwing his bat on the field while at the plate.

What the Baltimore Orioles third baseman didn't expect is that the punishment would be so harsh.

Machado received a five-game suspension and an undisclosed fine Tuesday for tossing his bat in Sunday's game against Oakland.

He has appealed the suspension, which was slated to start immediately. Machado was in

Major-league scuffle

"I know what I did and he knows what he did. We both got to pay the consequences."

Manny Machado on Fernando Abad

the starting lineup Tuesday against Boston.

"I don't want to be down for five days," Machado said. "We're just going to go ahead and get that down, and that's

it. Need to try to help out this team in any way."

Machado let his bat fly toward third base after swinging at a pitch from Fernando Abad in the eighth inning. The bat-toss came during a plate appearance in which Abad threw successive high-and-tight pitches.

After the bat went soaring, both benches emptied. Machado and Abad were ejected. Abad was fined but not suspended.

THE ASSOCIATED PRESS

Stanley Cup final. Reeling Rangers feeling rotten in the Big Apple

Sleep was understandably hard to come by for the New York Rangers on Monday.

They had just lost Game 3 of the Stanley Cup final to the Los Angeles Kings in demoralizing fashion, falling into a 3-0 series hole that feels nearly impossible to dig out of. By Tuesday morning it was clear there was more tossing and turning than turning the page.

"I'm not going to lie to you, it's pretty much impossible to be upbeat," alternate captain Brad Richards said.

Upbeat would be just about the last word anyone could use to describe the Rangers, who will find themselves on the

eve of potential elimination in Game 4 Wednesday night at Madison Square Garden. Despondent, defeated and devastated would be more like it.

Coach Alain Vigneault knows there's no sense hiding from those emotions.

"We're down 3-0. We're all lacking sleep. This is tough," Vigneault said.

There isn't much for the Rangers to be cheery about. Not after two overtime defeats in Los Angeles and one back home that included allowing a goal with 0.7 seconds left in the first period and being unable to crack Jonathan Quick.

Even as players talked on Tuesday about bad bounces and the luck the Kings have enjoyed, there's not much solace in being a couple of fortunate turns from maybe even leading this series.

"However we might want to look at this, we could be up by two games to one instead of being down by three, etc., it doesn't matter," Vigneault said.

THE CANADIAN PRESS



Rangers coach Alain Vigneault
KATHY WILLENS/THE ASSOCIATED PRESS

Kawhi finds his game in MIA as Spurs spank Heat

NBA Finals. Young forward makes first six shots in first-half flurry to give team series lead

Game 3

111

Spurs

92

Heat

Kawhi Leonard and the San Antonio Spurs shot their way into history — and back into the lead in the NBA Finals.

Leonard scored a career-high 29 points, and the Spurs made a finals-record 75.8 per cent of their shots in the first half in a 111-92 victory over the Miami Heat on Tuesday night that gave them a 2-1 series lead.

The Spurs made 19 of their first 21 shots and finished 25 of 33 in the first half, bettering the 75 per cent shooting by Orlando against the Lakers in the 2009 finals.

They led by as much as 25 and were only briefly challenged in their second lopsided victory in the series.

Unlike Game 1, when they didn't pull away until the final minutes, the Spurs were way ahead before halftime in this one.

Leonard scored only 18 points in the first two games, looking frustrated while getting into foul trouble trying to defend LeBron James in Game 2. But he had his outside shot working early, and the effect on the Spurs' offence was obvious.

James and Dwyane Wade had 22 points each for the Heat, who host Game 4 on Thursday.

THE ASSOCIATED PRESS



Kawhi Leonard passes to Boris Diaw of the Spurs as Chris Bosh of the Heat defends during Game 3 of the 2014 NBA Finals on Tuesday in Miami.

ANDY LYONS/GETTY IMAGES

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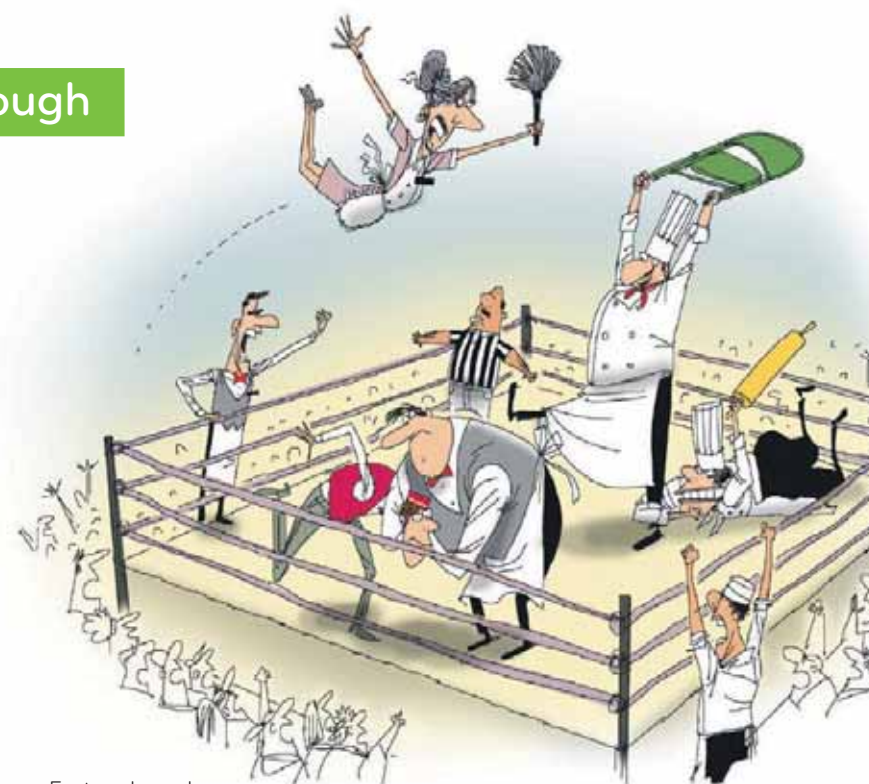
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2014 BMW i3

- **Type.** Four-door, four-passenger, rear-wheel drive hatchback
- **Engines (hp).** Electric motor with lithium-ion battery; optional 650cc range-extending gasoline engine
- **Base price (incl. destination).** \$44,950

Market position

The i3 should resonate with those who want an emissions-free, city-sized car, but prefer a premium brand. Those with SUVs may find it a viable second car for errands and commutes, too.

Points

- The cabin contains environmentally friendly materials such as bamboo, naturally tanned leather, and a dash made from plants.
- The navigation system can show the car's range, including how traffic, hills or temperature will affect it, as well as nearby public charging stations.
- The i3's manufacturing process uses 50 per cent less



The i3 has a range of about 160 kilometres on a charge.

energy, and 70 per cent less water, than that of a conventional car.

Safety

Front, side, curtain, and knee airbags; dynamic stability control; tire pressure warning; battery safety terminal; anti-whiplash head restraints; emergency calling system.

This zippy car's no compromise

Review. The 2014 BMW i3 may be electric, but with the ability to reach up to 150 km/h, it's far from a golf cart

JIL
MCINTOSH
drive@metronews.ca

Mention BMW, and most people think of sports cars or luxury cruisers. But the company's newest model is something completely different: a funky little electric city car with the potential to change the way many people get from A to B.

It's called the i3, with the "i" standing for innovation. Small on the outside, but extremely roomy on the inside, it was designed from the ground up to be an electric car, rather than a conversion from a gasoline model. It's on sale now, but will only be available from specific dealers in Toronto, Montreal, and Vancouver initially.

Its unusual design consists of two modules: an aluminum frame that contains both the electric motor and lithium-ion battery, and a passenger compartment formed from



carbon fibre. These are costly materials, but their light weight allows BMW to use a smaller, less-expensive battery to power the car.

The i3 has a range of approximately 160 kilometres on a charge, which takes about three hours on 240-volt current. BMW says that most Canadians only drive an average of 47 km per day, but for those who fear being stranded, an optional two-cylinder gasoline engine can be added.

When the battery runs down, the gas engine acts solely as a generator to make more electricity.

Driving the i3 is a blast. This is no golf cart: Acceleration is snappy, and it's capable of reaching 150 km/h. It captures energy when decelerating, feeding it back into the battery as electricity. This regenerative braking slows the car quickly, and once you get the hang of it, you'll hardly touch the brakes in city traffic.

The steering is well-weighted, with fairly sporty handling. Even though it's a featherweight, it feels substantial, and the comfortable seats have a premium feel. You're treading lightly on the environment, but it never feels like a compromise. Electric vehicles are still a small sliver of the market, and probably will be for a while, but models like the i3 are a considerable step closer to making batteries the fuel of the future.

PHOTOS: JIL MCINTOSH

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PHOTOS: CONTRIBUTED



1 Ford Focus Electric
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2 Smart Fortwo Electric
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3 Cadillac ELR
Base price: \$78,250
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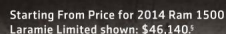
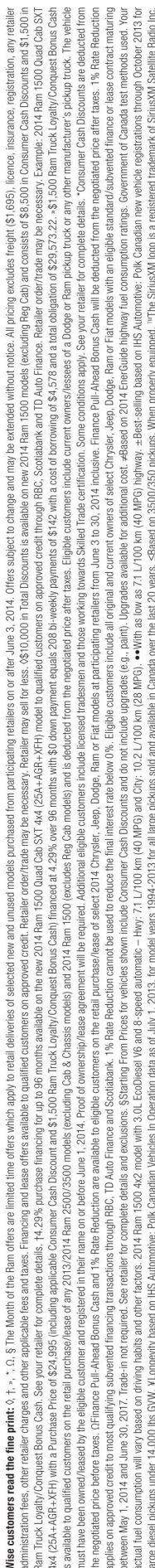
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The little EV tender that could

In the days before diesel electric engines, steam trains carried tenders behind them filled with wood or coal to extend their range. Now the idea has reached electric cars. The EP Tender is essentially a gasoline engine inside a small trailer that can provide extra electricity for electric cars on long journeys. Its inventor, Frenchman Jean-Baptiste Segard, coupled the EP Tender with a Renault Zoe, a pure electric that has become a popular EV in Europe. The idea isn't entirely new, since cars such as the Chevrolet Volt carry a range-extending gasoline generation. The notion of being able to add it later might take some of the angst out of the decision whether to go with an electric car in the first place.



Traffic-light-reader system saves fuel, frustration

Can there be any doubt that automobiles are becoming more self-aware with each new generation? Audi's newly developed traffic-light recognition system could save fuel as well as the annoyance that comes from being stuck behind oblivious drivers who don't notice when lights switch colour, by allowing you to anticipate changing signals. The system works by reading the automated signals from a city's central traffic computer, reports auto news website MotorAuthority, and transmitting that information to the driver through the car's driver information display. At a red light, the system can count down the time remaining until a change to green, and prime an engine stop-start system to restart the engine five second before that.



Shift points

- A study from auto data and industry trend tracker Experian Automotive suggests that electric-car shoppers are younger and wealthier than hybrid shoppers. Experian reached that conclusion after analyzing data from electric and hybrid car purchases during 2013.
- While biodiesel fuel made from plant or animal oils has been around for a while, gasoline from such sources hasn't. But that might be about to change. A team at the University of California — Davis has filed a patent on a new inexpensive technology that offers waste-to-gas yields of more than 60 per cent.

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Give your brake system a tune-up

Road trip safety.

Regular checkups and maintenance are key to ensuring that you don't become a danger to yourself or fellow drivers

JUSTIN
PRITCHARD
drive@metronews.ca

You don't need an automotive expert to tell you why your vehicle's brakes are probably its most important safety system — or why they should be maintained regularly and not taken for granted.

Ahead of the warm-weather travel season, an inspection of your vehicle's brakes is a fantastic idea — especially if you'll be travelling in a vehicle heavily loaded with passengers and gear.

Operating a vehicle with poorly maintained brakes is a danger to you, your family and your fellow motorists.

Plus, in many newer vehicles, healthy brakes are vital to proper operation of other safety systems like stability control, traction control, and trailer sway control.

Remember: brakes often give off numerous warning signs that they'd like some attention when there's a problem, and a mechanic

can inspect and assess your vehicle's braking system quickly, adding confidence ahead of a road trip. If you're heading in for a pre-summer oil change or tune-up, be sure to have the mechanic give your ride's brakes a look-over.

Like most other systems in your vehicle, brakes use fluid and components and consumable parts that should be inspected, serviced and replaced from time to time.

Pads and rotors provide the all-important friction required to slow or stop your ride.

When the friction-generating pads are nearly worn out, a small metal tab attached to each one contacts the surface of that brake rotor to create an annoying, high-pitched squeal. That's your cue to call the garage and book a brake job as soon as possible. Ignoring the squeal is a bad idea which can result in dangerously low levels of stopping power, along with brake rotor damage.

Brake fluid, which transfers pedal pressure to those

pads and rotors via brake lines attached to calipers at each wheel, should be inspected for level and quality on a regular basis — just like the fluid in your transmission or engine. As brake fluid ages, it collects contaminants and wears out, reducing the life and effectiveness of other brake system components and even accelerating the rusting of your brake lines.

Ask your mechanic to assess the condition of your brake fluid and brake lines, and ask whether they'd recommend a brake fluid flush. This procedure is fairly simple and ensures that new, top-quality fluid is being utilized by your system. As it is with other automotive systems, fresh fluid is key to long-term system durability.

A final note: Your braking system is only as good as the tires that transfer its stopping power to the road, so be sure to have a tire inspection — including pressure check and adjustment — completed as part of your pre-summer brake system maintenance.

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Brake components can collect rust and dirt. CONTRIBUTED

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allow the calipers to slide into and away from the rotors.

- As time passes, rust and dirt accumulate within various brake system parts, negatively affecting lubrication and functionality of the specially lubricated 'pins' which
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For those without a Metro, the forecast calls for "I dunno" with a slight chance of "Huhhh?"



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211-221 Glenforest
2BR \$859, 3BR \$959
Call 830-2149

44 River Rd.
2BR \$679
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Horoscopes

Aries

March 21 - April 20

If you have a crush on someone, let them know. There is no guarantee that they will return your feelings but even if they do not, they will be flattered by your interest and you'll know where you stand.

Taurus

April 21 - May 21

You seem to have retreated into your shell and in doing so have lost contact with a number of people. Make it a priority today to look them up and let them know you still exist — and care.

Gemini

May 22 - June 21

You could make an issue of something that annoys you but is it worth the effort? There are so many things going right that you can afford to let minor annoyances pass you by.

Cancer

June 22 - July 23

Something that once seemed beyond you is within reach and you can easily make it your own over the next 24 hours. Once you've got it, don't hold it too tightly. Too much possessiveness is rarely a good thing.

Leo

July 24 - Aug. 23

Much as you'd like to help a loved one today if they signal that they want you to keep your distance, respect that. You'll make matters worse if you interfere where you're not invited.

Virgo

Aug. 24 - Sept. 23

Someone you have not seen for a while will come back into your life over the next 24 hours. You may still be a bit sore that they walked out on you without reason but let it pass. You were made to be together.

Libra

Sept. 24 - Oct. 23

Don't pay much attention to material things today. What matters is not how much you earn but how happy you are on the inside. Bank accounts are one thing — spiritual accounts quite another.

Scorpio

Oct. 24 - Nov. 22

You may want to tear everything down and start again from scratch but is that necessary? You may regret it in the long-term if you destroy what you have created.

Sagittarius

Nov. 23 - Dec. 21

Even a Sagittarius gets it wrong now and again so don't take it to heart if you have made some kind of mistake. And don't try to cover it up either. You are always bold in your successes, so be bold in your failures too.

Capricorn

Dec. 22 - Jan. 20

If you live in dread of things that might never happen you will almost certainly miss out on something that would have made life a lot more exciting and a lot more rewarding.

Aquarius

Jan. 21 - Feb. 19

Push yourself forward today and let people in positions of power know who you are and what you can do. Most likely they know already but it won't hurt to remind them. Be keen.

Pisces

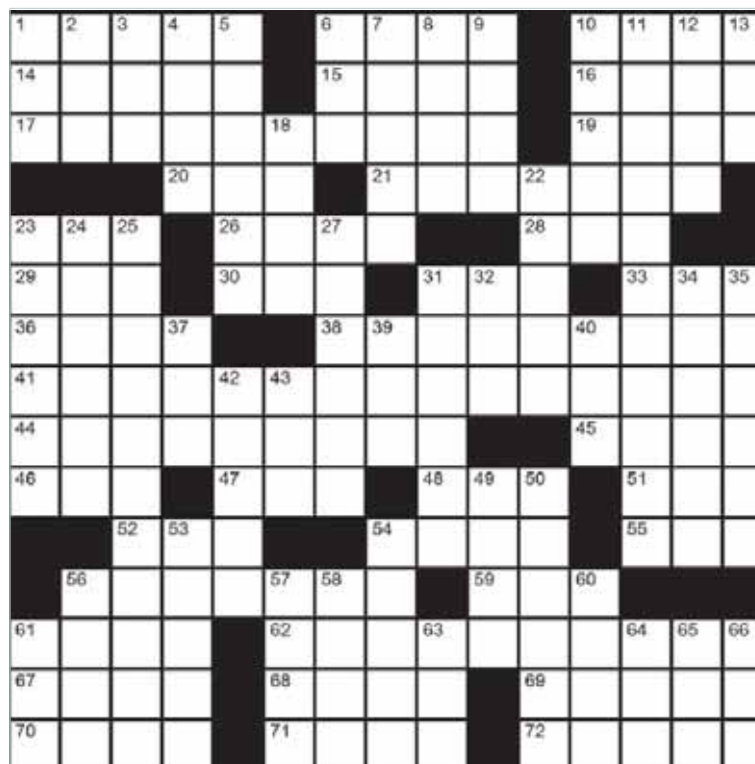
Feb. 20 - March 20

Some may complain that you're making life difficult. And you can be certain that you're doing the right thing. It's not not about making things difficult for them but making things easier for you. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Canadian actress, ___ Lee Williams
6. ___ sign
10. Present
14. Originated
15. Relieve
16. Forum fashion
17. Niagara, and others
19. Haywire
20. ___ de Janeiro
21. Clique
23. New York sports venue, briefly
26. Curves
28. Classic Jaguar model, ___
29. Rowboat steerer
30. Writer Mr. Tolstoy
31. Canada: ACTRA ...The United States: ___
33. Goat's bleat
36. Sara's surname-sakes
38. Our first Prime Minister's surname
41. Manitoba: 2 wds.
44. Communal society attraction in Saskatchewan, Lajord ___ Colony
45. Took ___ (Swam some)
46. Slitherer's slither
47. ___ Bernardino, California
48. Certain continent, curtsy
51. 'Absorb' suffix
52. 23rd Greek letter
54. ___ Domini
55. ___ Palmas, Spain



56. Sarah McLachlan's new album: 2 wds.
59. Buck's babe
61. ___ crust pizza
62. Mineral-rich region of Northern Ontario named after a Johnny Cash song: 3 wds.

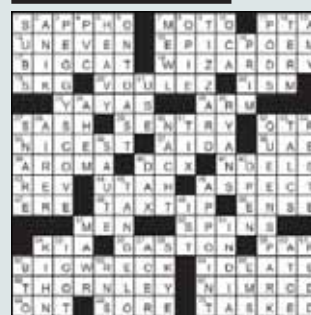
67. Fashion brand, ___ Ricci
68. Gladiator's 1052
69. White-plumed heron
70. Andy Kaufman sitcom
71. Nautical 'not'-noses
72. Ms. Perlman's

Down

1. Shooter marble
2. Songstress Rita
3. "___ a chance!"
4. River of Flanders
5. Picture taken via a plane
6. Beaufort ___
7. Gym bag items
8. Norwegian city
9. Nuisance
10. Austere
11. Canadian judge on "America's Got Talent": 2 wds.
12. Beast
13. Method
18. Shout on the

- green!
22. Sarah Palin, to Alaska, ___
23. Changes
24. 'Bronto' suffix (Flintstones style of beast)
25. Giza attraction: 2 wds.
27. "Welcome to our home." 2 wds.
31. Project a movie
32. "Much ___ About Nothing" (1993)
34. Opera by Handel
35. Experts
37. Force for a portrait
39. Disposed
40. Ms. Peebles
42. Nature's 'glue'
43. Broadcaster Mr. Glass
49. Cancel
50. House top's workman
53. Mount of the Bible
54. Broadway musical
56. Mr. LaBeouf
57. Ms. Bombeck
58. Like a ship-dripped slick
60. D-I link
61. Tunnel-through-a-mountain making need
63. Soldiers Joe and Jane
64. Pique
65. Mens ___ (Criminal intent, in law)
66. Ands: French

Yesterday's Crossword

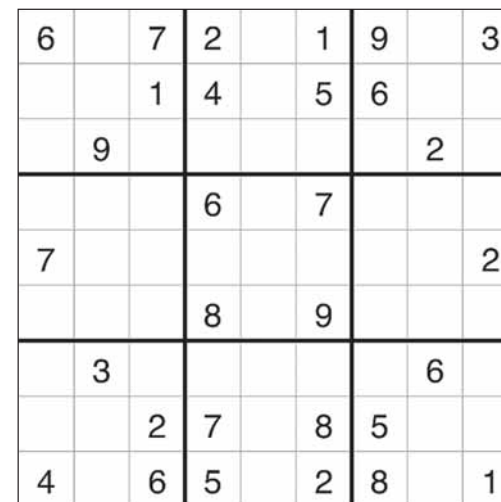


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

21°/9°
Sunny

Thursday

20°/9°
Partly cloudy

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**SAVE
\$6,160**

4 LEFT **\$153*** BW

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4 DOOR, AUTO, A/C, POWER GROUP,

~~\$21,894~~ FROM **\$15,990*** | **\$0** DOWN

**SAVE
\$5,104**



3 LEFT **\$91*** BW

FREE TRIP FOR 2
TO FLORIDA



2013 HYUNDAI ACCENT GL

4 DOOR, AUTO, A/C, POWER GROUP

~~\$18,244~~ FROM **\$13,990*** | **\$0** DOWN

**SAVE
\$4,254**

2 LEFT **\$79*** BW

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